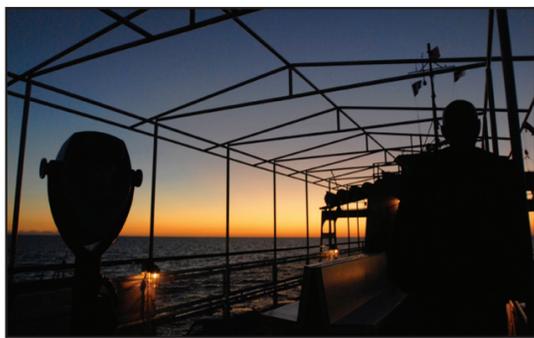


COMPASS POINTS

SUNDAY, FEB. 14, 2021



Cedar Island

Lois Goodwin — 252-225-5881

HAPPY VALENTINE'S DAY!!!!

Hope everyone is prepared for this special day; show your love to all.

Tammy Davis celebrated her birthday on Saturday night Feb.6. Her family took her out to eat at Ribeye's Steak House in Beaufort. Her favorite cake (Red Velvet) was made by her sister Annette. Tammy enjoyed her dinner, cake and most of all she enjoyed the gifts she received and fellowship with family and friends.

Jude Fulcher had surgery at the Shriners Hospital in South Carolina. Jude is unable to walk for at least

6 to 8 week. You see he has both of his legs operated on and has a case on both legs. Please keep him in prayers for healing and pain relief. Jude is a special little boy to our family.

Vince Emory was back at Duke for a check up last week, has some surgery and at home doing well. Glad you are doing well.

Michael N. Daniels had surgery done on his knee and is doing well, and back home.

Amber Styron had surgery on her back, and she is at home resting and doing good.

Rev. Nelson Koonce was back in the pulpit on Sunday

Feb.7th after a short period time off for some surgery. Glad to see you back!

The COVID vaccine is now available, You will need to make appointment by calling the CC Health Department 252-728-8550. Leave a message and they will call back while they have the vaccine and appointment time.

Girl Scouts in Carteret County are now selling cookies. We have four girls in Cedar Island selling cookies. Please support our girls by buying your cookies local. The girls are not allowed to go door to door because of the Covid, however they each have their own website you can order from and the cookies can be delivered by the girls or by mail. Contact Amanda Goodwin (on Facebook) or Annette Goodwin 252-808-5691 to get the list of girls.

Prayers List

Vicki Guthrie, Jude Fulcher, Carson Davis, Nicole Mc Guinness, Gail Taylor, Harry Fulcher, Lisa Daniels, Bobby Davis, Marshall Daniels, Paul Daniels, Callie Daniels, Michael N. Daniels, Amber Styron, Billy Jack Styron,

Valeria Lewis, Nelson Koonce, Vince Emory, Carlton Day, Teresa Willis

Condolences goes out to the family of Jean Marie Davis who passed away on Sunday January 31, 2021. A graveside service was held at the Willis Cemetery in Davis

Anyone who has something to report please send it to email below (Compass Points) please contact Annette by email sh_recreation@hotmail

Birthdays for the week

Ricky Daniels, Michael N. Daniels, Leann Hensley, Amy Hensley

The Free Will Baptist Church worship will hold service at 11:00. Everyone is welcome. Mrs. Clarice Arthur will be holding a song service today at 11am

The United Methodist church service is also held at 11a.m., drive thru service and virtual service live on Facebook

No Sunday School is being held at either church.

God Bless each of you and have a wonderful week Face masks are encouraged to be worn.



Marshallberg-Straits Gloucester

Jane Styron — 252-646-3474

Jane got a good report on Chloe, her dachshund and her back improvement. Jane went to Sanitary Fish Market on Friday for the opening back up and enjoyed the local flounder and shrimp my finger and so good.

Milestones

Happy Birthday to Chis Manning on Monday; and Lester Salter and Karen Rudolph on Tuesday; and Audrey Allison, JC Massey, Annette Sawyer on Wednesday; and Menezette Chadwick and Douglas Snipes Morris, Sydney Davis on Thursday; and Timmy Moore, Jeff Sanders on Friday

Happy anniversary to Carolyn and Andy Webb today. Barry and Elise McGarva on Tuesday.

Prayer List

Please keep these people in your prayers: Martha McGee, Joyce Sasser, Patty Springle, Giles Willis, Steve Chadwick, Miller Sandlin, Paul Damren, Doug Damren, Michele Speed, Buddy Garner, Nick McGee is overseas, Donna Williamson mother, Theresa's sister

Belinda, Spec Hoffman family. Genevieve Long would enjoy hearing from you. A card, visit or call would be appreciated. Our nation. Love ones who have Covid-19. Gloucester number is now 25 and Marshallberg 14. Prayers to be with doctors and nurses.

Remember Them

Please remember nursing home residents that include Lis Hutson, Autumn Care, Blvd 3, Jerry Road, Selma, NC. Buddy Garner is home. Sarah Davis has moved to Cove City with David Davis.

Do you know someone that needs assistance with having enough to eat? They can go to Stacy Lighthouse Community Church on the 2nd and 4th Saturday from 8:00 a.m. until 10:00 a.m.

News Needed

If you have any news you would like to appear in the column, please mail to Jane Styron, 213 Pigott Road, Lot 3, Gloucester, NC 28528 or email to styronisland1@gmail.com. You can call me at 252-646-3474. Blessing to you and your family.



Reflections ...

An egret is reflected in the cold, clear water at Atlantic Harbor. (Jerry Nordskog photo)



Davis-Stacy

Joshua Arthur — 252-838-2312

Okay so I missed a day and yes there's nobody to blame but myself but I have returned. Happy Valentines Day! I hope everyone remembered the flowers, cards, chocolate and whatever else you could think of, hah. Hopefully most have Monday off and it'll be a three day weekend. We've been scaled back a little on the columns so I'll shrink it up a little.

Milestones

Happy birthday wishes this week to Vince Emory!

Events

Well the third time is not always a charm. If you don't believe it just ask the crew attempting to put on the Core Sound Run. For a third time the event has now been postponed and put off until the fall. I haven't been passed an exact date yet but hopefully we can get it behind us at some point late in the year. The event attracts quite a few runners and walkers along with being a great fundraiser.

Come n' go

With the last youth day now behind us the Lockerman gang has brought

their last hunting group to Stacy until next duck season. They definitely filled the place up for the last hoorah. The weather was a little chilly and nasty but I guess that's how you want it for duck hunting. We'll be seeing some of you around for the home project which is coming along great.

Church news

For those who are members of the Stacy Free Will Baptist church you would remember Larry Liverett when he was pastor. Some of his family members were in Stacy to visit this past weekend and plan to come down in June so maybe folks will be able to catch up with them and say hello.

Thoughts

I believe I speak for everyone when I say we have had enough rain and there's no way we're in a drought. It seems to be wet everywhere I look and when looking at the weather forecast it's not looking much better, but I guess that's not in our control. Yes duck season is over, hopefully you have all of your decoys up and the boat ramp in Davis can catch a break. Kick back, relax and watch the Daytona 500!

Friends of Down East

Lib Ferebee — 252-732-0800

Good Local Food

Even before the pandemic began to cause great harm to local businesses, an organization was working to promote local providers of meat, seafood and vegetables. Carteret Local Food Network was founded in 2008 by Catherine Elkins to connect these local suppliers with people who wanted to buy healthful, safe, locally grown food. Online, I was overwhelmed with information – too much to share with you here. Explore their amazing web site: carteretlocalfood-network.com

If you are not a computer user, call 252-777-2359 to let them know you are interested in being kept informed about events and new projects.

Find out how you can use all the services they

offer, and how you can join in their activities.

Learn how you can grow new vegetables and how to market them. Learn where to buy good meats, vegetables and seafood.

CFLN's Cook Club

Cook Club is a new Facebook Group about food which will be fun for you if you love cooking. If you don't, chatting with others may inspire you to put a little more zest into your snacks and meals.

Chats are informal, local, and only other members can see what you write. To join, find their group page on Facebook.

CFLN director, Stacy Macklin said, "With Cooking Classes and Farms, Food and Friends Dinners put on hold in early 2021, we are looking for

new ways to interact with you and share our mutual love of all things local and in season."

At the Library

Carteret libraries are open and observing safe health guidelines. To help your library, use your library. Down East Library hours are 9 to 5:30 Mon. Wed. and Fri. Phone 252 648 7729

KEEP SHARP – *Build a Better Brain at Any Age* is among the new books shown on the Beaufort Library website

Dr. Sanjay Gupta offers insights from top scientists all over the world, and debunks myths about aging and cognitive decline. He explores whether there is a best regimen of diet and exercise for the brain. About

Alzheimer's "he answers all your questions about the signs and symptoms and shows how to ward against it and stay healthy while caring for a partner in cognitive decline."

He provides the reader a personal 12-week program featuring practical daily strategies to strengthen the brain.

This book is very popular so there is a waiting list, but go online to place a hold on it or call your library, giving your name and library card number, to ask a staff member to place a hold on it for you. When it is available, you will be notified.

The Paris Library – a Novel is among the new novels. The description sounds tantalizing. One copy of it is at each of our five Carteret County libraries so check it out.